

# Washington Outdoor Women



## 2019 Snowshoe Workshop

**Date: Saturday, January 26, 2019**

**Time: 10 am - 3 pm**

**Location: Dalles Ridge off Highway 410 (NE corner of Mount Rainier)**

**Day-of Contact: 425-785-3555**

### **Meeting Up**

We will meet at the Dalles Ridge Trailhead - <https://goo.gl/maps/LoQ18SVPtTE2>  
Drive Hwy 410 and turn left onto Forest Service Road 72. Proceed a few hundred feet to a parking area, and see the gated road. You will see WOW signage at the trailhead.

### **Refreshments**

Warm tea, hot chocolate and biscuits will be provided before we head out on the trail.

Please bring water and a bag lunch for yourself in a small backpack.

### **Gear Required**

- **Snowshoes** (please bring your own. Snowshoes can be rented from various ski rental facilities, outdoor outfitters, or REI and cost about \$20 for 48 hours).
- **Multiple layers** of synthetic or wool clothing (avoid cotton):
  - ◊ Baselayer/longjohns
  - ◊ Sweater and pants
  - ◊ Jacket or vest
  - ◊ Waterproof layer
  - ◊ Winter hat and gloves
  - ◊ Two pairs of socks
  - ◊ Waterproof hiking boots
- The **ten essentials** in a small backpack (navigation, sunglasses, whistle, extra clothing, headlamp, firestarter, knife/repair kit, snacks, water, emergency shelter).
- Hiking or skiing **poles** can be helpful, but not required.
- Fun attitude!

### **More Info**

[Dalles Ridge Snowshoe](#) - trail info from the Washington Trails Association

Register at <http://washingtonoutdoorwomen.org/workshops/snowshoeing/>